

### Patient History Form

Date of first appointment: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Month Day Year

Birthplace: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
last first middle initial maiden Month Day Year

Address: \_\_\_\_\_ Age \_\_\_\_\_ Sex: F ☐ M ☐  
Street apt# City State Zip Telephone: Home: (\_\_\_\_) \_\_\_\_\_  
Work: (\_\_\_\_) \_\_\_\_\_

**MARITAL STATUS:** ☐ Never Married ☐ Married ☐ Divorced ☐ Separated ☐ Widowed

Spouse/Significant Other: ☐ Alive/Age \_\_\_\_\_ ☐ Deceased/Age \_\_\_\_\_ Major Illnesses: \_\_\_\_\_

**EDUCATION** (circle highest level attended):

Grade School 7 8 9 10 11 12 College 1 2 3 4 Graduate School \_\_\_\_\_

Occupation \_\_\_\_\_ Number of hours worked/Average per work: \_\_\_\_\_

Referred here by: (check one) ☐ Self ☐ Family ☐ Friend ☐ Doctor ☐ Other Health Professional

Name of person making referral: \_\_\_\_\_

The name of the physician providing your primary medical care: \_\_\_\_\_

Describe briefly your present symptoms: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date symptoms began (approximate): \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Previous treatment for this problem (include physical therapy, surgery and injections; medications to be listed later):

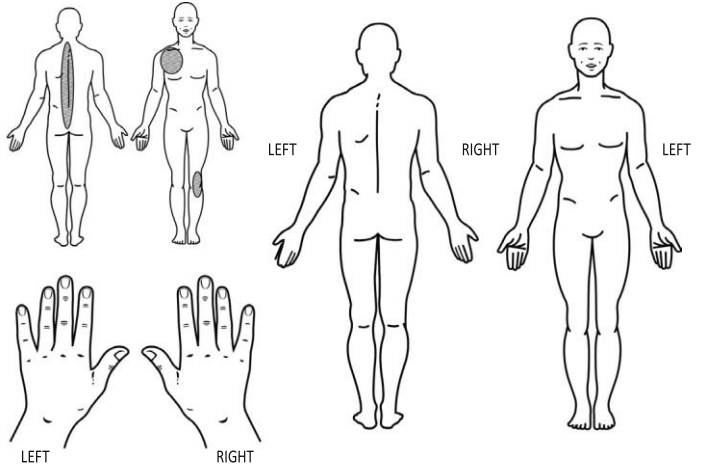
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list the names of other practitioners you have seen for this problem:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please shade all the locations of your pain **over the past week** on the **body figures** and **hands**.

Example:



LEFT RIGHT LEFT

LEFT RIGHT

Adapted from CLINHAQ, Wolfe F and Pincus T. Current Comment – Listening to the patient – A practical guide to self report questionnaires in clinical care. Arthritis Rheum. 1999;42 (9): 1797-808. Used by permission.

## RHEUMATOLOGIC (ARTHRITIS) HISTORY

At any time have you or a blood relative had any of the following? (*Check if "yes"*)

Yourself		Relative Name/Relationship	Yourself		Relative Name/Relationship
	Arthritis (unknown type)			Lupus or "SLE"	
	Osteoarthritis			Rheumatoid Arthritis	
	Gout			Ankylosing Spondylitis	
	Childhood Arthritis			Osteoporosis	
	Scleroderma			Psoriasis/ Psoriatic Arthritis	
	Vasculitis			Polymyositis/ Dermatomyositis	
	Fibromyalgia			Sjogren's Syndrome	
				Raynauds	

Other arthritis conditions: \_\_\_\_\_

## SOCIAL HISTORY

Do you drink caffeinated beverages?

Cups/glasses per day? \_\_\_\_\_

Do you smoke? ☐ Yes ☐ No ☐ Past – How long ago? \_\_\_\_\_

Do you drink alcohol? ☐ Yes ☐ No Number per week \_\_\_\_\_

Has anyone ever told you to cut down on your drinking?

☐ Yes ☐ No

Do you use drugs for reasons that are not medical? ☐ Yes ☐ No

If yes, please list: \_\_\_\_\_

Do you exercise regularly? ☐ Yes ☐ No

Type \_\_\_\_\_

Amount per week \_\_\_\_\_

How many hours of sleep do you get at night? \_\_\_\_\_

Do you get enough sleep at night? ☐ Yes ☐ No

Do you wake up feeling rested? ☐ Yes ☐ No

Are you receiving disability? ☐ Yes ☐ No

Are you applying for disability? ☐ Yes ☐ No

## PAST MEDICAL HISTORY

Do you now have or have you ever had: (*check if "yes"*)

☐ Cancer

☐ Thyroid

☐ Cataracts

☐ Depression

☐ Bad headaches

☐ Kidney disease/

Stones

☐ Anemia

☐ Emphysema

☐ Heart problems

☐ Leukemia

☐ Diabetes

☐ Stomach ulcers

☐ Hepatitis/ Liver

Disease

☐ Pneumonia

☐ High

Cholesterol

☐ Blood Clots

☐ Asthma

☐ Stroke

☐ Epilepsy

☐ Rheumatic fever

☐ Crohn's/ Ulcerative

Colitis

☐ Psoriasis

☐ High Blood Pressure

☐ Tuberculosis

Other significant illness (*please list*) \_\_\_\_\_

Natural or Alternative Therapies (chiropractic, magnets, massage, over-the-counter preparations, etc.)

## SYSTEMS REVIEW

As you review the following list, please check any problems, which have significantly affected you:

Date of last mammogram: \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of last eye exam: \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of last chest x-ray: \_\_\_\_/\_\_\_\_/\_\_\_\_

Date of last Tuberculosis Test \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of last bone densitometry \_\_\_\_/\_\_\_\_/\_\_\_\_

### Constitutional

- ☐ Recent weight gain amount \_\_\_\_\_
- ☐ Recent weight loss amount \_\_\_\_\_
- ☐ Fatigue
- ☐ Weakness
- ☐ Fever

### Eyes

- ☐ Pain
- ☐ Redness
- ☐ Loss of vision
- ☐ Double or blurred vision
- ☐ Dryness
- ☐ Feels like something in eye
- ☐ Itching eyes

### Ears-Nose-Mouth-Throat

- ☐ Ringing in ears
- ☐ Loss of hearing
- ☐ Nosebleeds
- ☐ Loss of smell
- ☐ Dryness in nose
- ☐ Runny nose
- ☐ Sore tongue
- ☐ Bleeding gums
- ☐ Sores in mouth
- ☐ Loss of taste
- ☐ Dryness of mouth
- ☐ Frequent sore throats
- ☐ Hoarseness
- ☐ Difficulty swallowing

### Cardiovascular

- ☐ Chest Pain
- ☐ Irregular heart beat
- ☐ Sudden changes in heart beat
- ☐ High blood pressure
- ☐ Heart murmurs

### Respiratory

- ☐ Shortness of breath
- ☐ Difficulty breathing at night
- ☐ Swollen legs or feet
- ☐ Cough
- ☐ Coughing of blood
- ☐ Wheezing (asthma)

### Gastrointestinal

- ☐ Nausea
- ☐ Vomiting of blood or coffee ground material
- ☐ Stomach pain relieved by food or milk
- ☐ Jaundice
- ☐ Increasing constipation
- ☐ Persistent diarrhea
- ☐ Blood in stools
- ☐ Black stools
- ☐ Heartburn

### Genitourinary

- ☐ Difficult urination
- ☐ Pain or burning on urination
- ☐ Blood in urine
- ☐ Cloudy, "smoky" urine
- ☐ Pus in urine
- ☐ Discharge from penis/vagina
- ☐ Getting up at night to pass urine
- ☐ Vaginal dryness
- ☐ Rash/ulcers
- ☐ Sexual difficulties
- ☐ Prostate trouble

### For Women Only:

Age when periods began: \_\_\_\_\_

Periods regular? ☐ Yes ☐ No

How many days apart? \_\_\_\_\_

Date of last period? \_\_\_\_/\_\_\_\_/\_\_\_\_

Date of last pap? \_\_\_\_/\_\_\_\_/\_\_\_\_

Bleeding after menopause? ☐ Yes ☐ No

Number of pregnancies? \_\_\_\_\_

Number of miscarriages? \_\_\_\_\_

### Musculoskeletal

☐ Morning stiffness  
Lasting how long?  
\_\_\_\_ Minutes \_\_\_\_ Hours

- ☐ Joint pain
- ☐ Muscle weakness
- ☐ Muscle tenderness
- ☐ Joint swelling

*List joints affected in the last 6 mos.*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Integumentary (skin and/or breast)

- ☐ Easy bruising
- ☐ Redness
- ☐ Rash
- ☐ Hives
- ☐ Sun sensitive (sun allergy)
- ☐ Tightness
- ☐ Nodules/bumps
- ☐ Hair loss
- ☐ Color changes of hands or feet in The cold

### Neurological System

- ☐ Headaches
- ☐ Dizziness
- ☐ Fainting
- ☐ Muscle spasm
- ☐ Loss of consciousness
- ☐ Sensitivity or pain of hands and/or feet
- ☐ Memory loss
- ☐ Night sweats

### Psychiatric

- ☐ Excessive worries
- ☐ Anxiety
- ☐ Easily losing temper
- ☐ Depression
- ☐ Agitation
- ☐ Difficulty falling asleep
- ☐ Difficulty staying asleep

### Endocrine

- ☐ Excessive thirst

### Hematologic/Lymphatic

- ☐ Swollen glands
- ☐ Tender glands
- ☐ Anemia
- ☐ Bleeding tendency
- ☐ Transfusion/when \_\_\_\_\_

### Allergic/Immunologic

- ☐ Frequent sneezing
- ☐ Increased susceptibility to infection

PREVIOUS SURGERIES

Type	Year	Reason
1.		
2.		
3.		
4.		
5.		
6.		
7.		

Any previous fractures? ☐ No ☐ Yes *Describe:* \_\_\_\_\_

Any other serious injuries? ☐ No ☐ Yes *Describe:* \_\_\_\_\_

FAMILY HISTORY

IF LIVING		IF DECEASED	
Age	Health	Age at Death	Cause
Father			
Mother			

Number of siblings \_\_\_\_\_ Number living \_\_\_\_\_ Number decreased \_\_\_\_\_

Number of children \_\_\_\_\_ Number living \_\_\_\_\_ Number decreased \_\_\_\_\_ List ages of each \_\_\_\_\_

Health of children \_\_\_\_\_

MEDICATIONS

Drug allergies: ☐ No ☐ Yes If yes, please list: \_\_\_\_\_

Type of reaction: \_\_\_\_\_

PRESENT MEDICATIONS *(List any medications you are taking. Include such items as aspirin, vitamins, laxatives, calcium and other supplements, etc.)*

Name of Drug	Dose (include strength & number of pills per day)	How long have you taken this medication	Helped?		
			A Lot	Some	Not At All
1.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**PAST MEDICATIONS:** Please review this list of “arthritis” medications. As accurately as possible, try to remember which medications you have taken, how long you were taking the medication, the results of taking the medication and list any reactions you may have had. *Record your comments in the spaces provided.*

Drug names/Dose	Length of time	Please check: <i>Helped?</i>			Reactions
		A Lot	Some	Not At All	
Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<i>Circle any you have taken in the past</i>					
Arthrotec/ Diclofenac + misoprostil					
Celebrex/ Celecoxib					
Sulindac/ Clinoril					
Oxaprozin/ Daypro					
Diflunisal/ Dolobid					
Piroxicam/ Feldene					
Indomethacin /Indocin					
Etodolac /Lodine					
Ibuprofen/ Mortin/ Advil					
Relafen/ Nabumetone					
Naproxen/ Aleve/ Naprosyn					
Ketoprofen/ Orvdis					
Tolmetin/ Tolectin					
Meloxicam/ Mobic					
Diclofenac/ Voltaren					
<b>Pain Relievers</b>					
Acetaminophen		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Codeine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hydrocodone/ Vicodin/ Norco		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ultram/ Tramadol		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Disease Modifying Antirheumatic Drugs (DMARDs)</b>					
Certolizumab/ Cimzia		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Golimumab/ Simponi		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hydroxychloroquine/ Plaquenil		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Leflunomide/ Arava		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Methotrexate		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Azathioprine/ Imuran		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Sulfasalazine/ Azulfidine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Abatacept/ Orencia		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cyclophosphamide/ Cytoxan		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cyclosporine A/ Neoral		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Etanercept/ Enbrel		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Infliximab/ Remicade		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tocilizumab/ Actemra		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Sarilumab/ Kevzara		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Adalimumab/ Humira		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Mycophenolate Mofetil/ Cellcept		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Belimumab/ Benlysta		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Rituximab/ Rituxan		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Secukinumab/ Cosentyx		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ixekizumab/ Taltz		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Vedolizumab/ Entyvio		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ustekinumab/ Stelara		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tofacitinib/ Zeljan		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Baricitinib/ Olumiant		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Apremilast/ Otezla		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

## PAST MEDICATIONS *Continued*

Drug names/Dose	Length of time	Please check: <i>Helped?</i>			Reactions
		A Lot	Some	Not At All	
<b>Osteoporosis Medications</b>					
Estrogen		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Alendronate/ Fosamax		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ibandronate/ Boniva		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Raloxifene/ Evista		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Zoledronic acid/ Reclast		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Denosumab/ Prolia		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Risedronate/ Actonel/ Atelvia		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Teriparatide/ Forteo		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Gout Medications</b>					
Probenecid/ Benemid		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Colchicine/ Colcrys		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Allopurinol/ Zyloprim		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Febuxostat/ Uloric		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Pegloticase/ Kyrstexxa		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Lesinurad/ Zurampic		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Others</b>					
Cortisone/ Prednisone		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Viscosupplement Injections/ Supartz/ Synvisc/ Hyalgan/ Euflexxa		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Fibromyalgia Medications</b>					
Duloxetine/ Cymbalta		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Pregabalin/ Lyrica		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Milnacipran/ Savella		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cyclobenzaprine/ Flexeril		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Amitriptyline/ Elavil		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Fluoxetine/ Prozac		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

*Please list supplements:*

Have you had a pneumonia shot? ☐ Yes ☐ No If so, list date \_\_\_\_\_

Have you had a flu shot? ☐ Yes ☐ No If so, list date \_\_\_\_\_

Have you had a shingles shot? ☐ Yes ☐ No If so, list date \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initial: \_\_\_\_\_